

**MATERNAL AND CHILD HEALTH ADVISORY BOARD MEETING**  
**MINUTES**  
**NOVEMBER 7, 2014**  
**09:00 A.M.**

The Maternal and Child Health Advisory Board held a public meeting on November 7, 2014, beginning at approximately 9:15 A.M. at the following locations:

Division of Public and Behavioral Health  
4150 Technology Way, Room 204  
Carson City, Nevada 89706

Health Care Quality and Compliance  
4220 S. Maryland Parkway, Suite 810  
Las Vegas, Nevada 89119

Nevada Early Intervention Services  
1020 Ruby Vista Drive, Suite 102  
Elko, Nevada 89801

AT&T Conferencing  
Dial-in Toll-Free Number 1-877-336-1831  
Participants Code 4756895

**BOARD MEMBERS PRESENT**

Bonnie Sorenson, Chair, RN, BSN  
Veronica (Roni) Galas, Vice-Chair, Carson  
City Health and Human Services  
(CCHHS)  
Senator Joseph (Joe) P. Hardy, MD  
Assemblywoman Ellen Spiegel  
Tyree Davis, DDS, Nevada Health Centers  
Fred Schultz, Founder and CEO of  
Foundation of Positively Kids  
Lisa Lottritz, Public Health Nursing  
Supervisor, Washoe County Health  
Department  
Marsha Matsunaga-Kirgan, MD, University  
of Nevada School of Medicine  
Amanda Spletter, Medical Case Manager,  
Clark County Department of Family  
Services (CCDFS)

**BOARD MEMBERS NOT PRESENT**

**DIVISION OF PUBLIC AND BEHAVIORAL HEALTH (DPBH) STAFF PRESENT**

Beth Handler, Deputy Bureau Chief, Bureau of Child, Family and Community Wellness  
(BCFCW)  
Deborah Aquino, Title V Maternal and Child Health (MCH) Program Manager, BCFCW  
Mary Pennington, Health Program Specialist, Women, Infant and Children (WIC)  
Lindsey Dermid-Gray, Program Specialist, WIC  
Evelyn Dryer, Grants Manager, Home Visiting, BCFCW  
Vickie Ives, Health Program Specialist, Maternal and Infant Health, BCFCW  
Leah Thompson, Program Coordinator, Adolescent Health, BCFCW  
Laura Hale, Primary Care Office Manager, DPBH  
Ingrid Mburia, Health Program Specialist, MCH Epidemiology, BCFCW

Sarah Demuth, Health Program Officer, Adolescent Health, BCFCW  
Michelle Friend, Administrative Assistant, Early Hearing Detection and Intervention (EHDI), BCFCW  
Lily Helzer, Home Visiting Program Coordinator, BCFCW  
Perry Smith, Health Program Specialist, EHDI, BCFCW  
Jessica Lamb, Health Program Specialist, Chronic Disease Prevention & Health Promotion (CDPHP), BCFCW  
Cailey Hardy, Administrative Assistant, MCH, BCFCW  
Ellie Valdovinos, Administrative Assistant, Home Visiting, BCFCW

**OTHERS PRESENT**

Melinda Hoskins, APN, CNM, IBCLC, The Hoskins APRN Clinic  
Austin Porsborg, Nevada Public Health Foundation  
Barry Lovgren, Public  
Melanie Kauffman, Executive Director, Family Ties of Nevada  
Regina Washington, Co-Chair, Northern Nevada MCH Coalition  
Judy Henderson, Education and Outreach Coordinator, Nevada Network Against Domestic Violence  
Jan Houk, Washoe County Health Department  
Holly Lyman, Director, Barbara Greenspun Women's Care Centers of Excellence, St. Rose Hospitals

Chair Bonnie Sorenson called the Maternal and Child Health Advisory Board (MCHAB) meeting to order at 9:15 a.m. Ms. Sorenson indicated the meeting was properly posted at the locations listed on the agenda in accordance with the Nevada Open Meeting Law.

**1. Roll call and introductions**

Roll call was taken and it was determined that a quorum of the Maternal and Child Health Advisory Board was present.

**2. Vote on minutes from the August 01, 2014 meeting (Exhibit A)**

Chair Bonnie Sorenson asked if there were any corrections to the draft minutes from the August 1, 2014 meeting.

**CHAIR SORENSON ENTERTAINED A MOTION TO APPROVE THE MINUTES. A MOTION TO APPROVE WAS MADE BY DR. TYREE DAVIS. ASSEMBLYWOMAN ELLEN SPEIGEL SECONDED THE MOTION WHICH PASSED UNANIMOUSLY WITHOUT PUBLIC COMMENT.**

**3. Presentation on midwives (Exhibit B)**

Ms. Hoskins is a certified nurse midwife in the State of Nevada, and is currently serving as the president of the Nevada State Affiliate for the American College and Nurse Midwives. Ms. Hoskins is also on the Board of Directors for the American Association of Birth Centers. A question was previously raised last MCHAB meeting regarding midwife non-report in the Newborn Screening Program. Ms. Hoskins stated this is may be due to the lack of regulation in Nevada of non-nurse midwives. There are California-licensed midwives operating on the

Nevada border, and as a requirement of their California licensure, they submit dried blood spot screening to California.

In Southern Nevada, it was suggested some non-nurse midwives use an out of state private lab because their clients have concerns about the Nevada State Lab retention of dried blood spot cards and thus DNA.

In the State of Nevada, Certified Nurse Midwives (CNM) are regulated by the Board of Nursing. CNM's have prescriptive authority, and provide primary care, pregnancy care, gynecological care, and newborn care (through the first month). Currently, there are 33 licensed Certified Nurse Midwives in Nevada.

Currently, there are no Nevada System of Higher Education (NSHE) CNM education programs for midwifery. Hospitals have policies that will not allow out of state students to have clinical time. There are at least 20 direct entry midwife apprentices in Nevada; generally apprenticeship lasts three to five years.

The International Confederation of Midwives (ICM) consists of more than 90 midwifery organizations around the world. ICM works to improve the standards of care for all mothers and babies. In 2011, ICM challenged US midwives to adhere to ICM standards. In September of 2011, the first meeting was held, with members of the Boards of all seven US midwifery organizations, including the three main professional midwifery associations (American College of Nurse Midwives, Midwives Alliance of North America and National Association of Certified Professional Midwives). This meeting included two educational and accreditation organizations: The Accreditation Commission of Midwifery Education, and The Midwifery Education and Accreditation Council. Two certifying agencies were also present: American Midwifery Certification Board and North American Registry of Midwives. The emergence of the US Midwifery Education, Regulation and Association (MERA) workgroup began identifying core values. It was decided goals would be set, and each State Licensure should be based on the ICM standards by 2020. The latest meeting held by the US MERA was April 2014.

Ms. Hoskins also discussed midwifery in a historical and political context in the US and Nevada.

#### **4. Discussion and recommendation regarding midwives in Nevada**

The board addressed concerns pertaining to midwives regarding the lack of legislative regulation in Nevada, and the potential need for education about the different scopes of practice of CNMs, doulas, direct-entry midwives, and lay midwives. Ms. Hoskins offered to create a handout regarding the difference between CNMs, doulas, and direct-entry midwives. Ms. Handler also offered to add a white paper recently created by Maternal, Child and Adolescent Health Section. Ms. Galas questioned the midwife newborn screening process in Nevada, and how to resolve the missing dry blood spot issue. Ms. Handler acknowledged the previous request made by the Advisory Board to have someone in the Nevada State Lab present about Newborn Screening, but it was not arranged in time for this meeting. A future Advisory Board meeting could provide the opportunity to revisit the topic.

Dr. Matsunaga-Kirgan mentioned workforce-issues and negative outcomes she has seen from home birth to hospital transfers.

Chair Bonnie Sorenson recommended monitoring legislative actions, and continuing to gather information.

**5. Update from Southern Nevada Health District regarding Clark County School District sex education curriculum discussions**

Chair Bonnie Sorenson stated Clark County School District is aware there will be pending legislation regarding comprehensive sex education, and convened focus groups on the topic. The focus groups were controlled, small, and by invitation only. This upset local parents when they were not given an opportunity to attend. Misinformation filtered out from those focus groups and distressed parents started going to the school board to address the issue. The school board is now holding listening session in November, open to the public and publicized on the district website, in large venues.

Chair Sorenson said Clark County is the fifth largest school system in the union and there is an imperative need to educate youth, she suggested using the term “growth and development”, instead of sex education. Eighty percent of the high risk youth being seen in Southern Nevada Health District groups are already engaging in sex. Teen pregnancy is the second most frequent reason students are not graduating high school from Clark County School District.

Dr. Hardy attended the informational meeting at Moapa Valley High School on November 11, 2014. Members of the community decided to make a list of positive things they all agreed on regarding sex education:

1. Independent Research shows children thrive within a core family.
2. Sex education should be biologically based, anatomically and physiological accurate and respectful in teaching about procreation, how healthy sexual relationships strengthen core families, maintain continuity, and only teachers should be allowed to provide sex education in the district.
3. Sex education should be taught in school but not “comprehensive sexuality.”
4. Healthy respectful relationships and education should be taught in a way that respects different values and cultures.
5. Age-appropriate sex education is introduced no earlier than 5<sup>th</sup> grade, continued in 8<sup>th</sup> grade, and in high school.
6. Parental rights and involvement should be valued and never compromised.
7. It is inappropriate for Clark County to waste resources and parent’s time based on a dead bill from 2013.

Ms. Aquino mentioned that there is a new national effort to require medical providers who serve children and adolescents covered by Medicaid and state children’s health insurance programs to include age-appropriate sexual health screening and education of their patients within the context of the requisite Early Periodic Screening, Diagnostic and Treatment (EPSDT) benefits. This could strengthen medically accurate knowledge available to youth.

## 6. Reports

- Maternal and Child Health and Affiliated DPBH Programs (Exhibit C)

Ms. Aquino shared on behalf of Chris Garvey, Chairman of the Advisory Committee on the State Program for Oral Health a contingency of Nevada's Oral Health stakeholders will be meeting Mike Wilden in the Governor's office on December 4, 2014, to discuss budget concepts to fund a State dental director and a State dental hygienist, as well as add oral health treatment to the Nevada Medicaid Benefit Package for adults.

Ms. Aquino mentioned the Nevada Health Conference last month in Reno, Nevada, and the presence of the Oral Health Collation. MCH sponsored their booth, and they were very pleased with their reception, the educational information, and the other educational sponsors.

Ms. Aquino added MCH is doing program planning and collecting data for the Baby Birth Evaluation and Assessment of Risk Survey (BEARS). The survey includes several questions about oral health before, during, and after pregnancy.

Nevada has met the Association of State and Territorial Health Officials challenge on preterm birth. MCH and partners across the state are pleased to report, for the first time, Nevada received a "C" on the Premature Birth Report Card.

Rural Community Health Nurses received children's tooth brush kits provided by MCH.

Dental hygienists are going to elementary schools in rural areas to do oral care and dental health instruction; over 550 tooth brushes were provided in addition to screening and education.

Chair Sorenson mentioned that the Southern Nevada Health District received a Healthy Start Grant 2.0, and will be attending their first training in Virginia. The grant aims to reduce disparity in infant mortality in the African American population.

Ms. Aquino mentioned submission of a competitive grant application for the Southern Nevada Health District to expand the Nurse Family Partnership Program.

- Nevada Maternal and Child Health Statewide Coalition Update (Exhibit D)

Ms. Lyman stated the St. Rose Dominican Hospital, Siena Campus received their baby friendly designation. Ms. Lyman reported her organization is sponsoring four speakers for the Fall Women's Health Symposium, in partnership with March of Dimes. She also updated the board on her organization's workshops and documentary screening, and the adolescent health symposium in January 2015. She was pleased to mention they established a maternal mental health workgroup focusing on postpartum depression. Also, their first community advocacy training was held in August 2014.

- Fetal Infant Mortality Review (FIMR) in Washoe County (Exhibit E)

Ms. Lottritz reported on the Fetal Infant Mortality Review, stating data abstractions are ongoing with Renown and St. Mary's Hospitals. Ms. Lottritz reported the first Case Review Team (CRT) meeting occurred on October 15, 2014. The second CRT meeting is

November 12, 2014, and National Fetal Infant Mortality Review (FIMR) staff will present and provide education and technical assistance. FIMR staff members will be presenting at the March of Dimes Women's Symposium.

### **Public Comment**

Mr. Lovgren had a question regarding Nevada's participation in the National Governors Association Learning Network to Improve Birth Outcomes. Mr. Lovgren questioned what goal was set by the National Governors Association Learning Network to improve Birth Outcomes Workgroup on substance abuse screening during pregnancy.

Ms. Handler addressed Mr. Lovgren's question and stated a legislative briefing and action plan are anticipated by the end of the year. The collaborative has four goal areas:

1. To implement the life course perspective into educational outreach promoting Maternal Child and Adolescent Health;
2. To expand health care for pregnant women and infants;
3. To reduce negative birth outcomes resulting from substance use disorders; and
4. To decrease non-medically indicated birth before 39 weeks.

### **7. Discussion and recommendations regarding consideration of new appointees, and/or renewal of expiring terms for MCHAB members. Recommendations will be submitted to the Nevada State Board of Health (BOH) for appointment.**

Ms. Aquino announced Board Member Dr. Joy DeGuzman is leaving Nevada Health Centers, and has resigned from the MCHAB, therefore; two spots are now available, opening the possibility for greater representation from the rural communities and the pediatric field. Dr. Davis mentioned Dr. Kami Larson is joining Nevada Health Center and had expressed interest in returning to the Board. Ms. Aquino stated Melinda Hoskin had expressed interested in serving on the Board. Dr. Hardy expressed interest in reaching out to Dr. Eisen for Board service.

**CHAIR BONNIE SORENSON ENTERTAINED A MOTION TO CONTINUE SEEKING RECOMMENDATIONS AND POSTPONE ADDITIONAL ACTION UNTIL THE NEXT MEETING. A MOTION WAS MADE BY ASSEMBLYWOMEN ELLEN SPEGEL. DR. HARDY SECONDED THE MOTION, WHICH PASSED UNANIMOUSLY WITHOUT PUBLIC COMMENT.**

### **8. Discussion and, as necessary, consideration of MCH Advisory Board recommendations for action regarding the 2015 legislative session. This agenda item may include, but is not limited to NRS 442.420.**

Dr. Hardy raised a question about physical activity in schools, obesity rates, and scholastic activities. Ms. Lamb with CDP&HP agreed to follow up with detailed reports. Ms. Lamb will also provide any requested information regarding childhood obesity.

Chronic Disease Prevention is working with local health authorities, Clark and Washoe County schools districts, and looking to extend legislation to collect height, weight, and body mass index data.

Chair Sorenson requested a listserv during the legislative session to receive regular information on issues regarding Maternal and Child Health.

Dr. Hardy requested individual members contact him regarding possible issues for legislation.

**9. Schedule 2015 Maternal and Child Health Advisory Board meeting dates and agenda items**

Chair Sorenson recommended February 6, 2015; May 1, 2015; August 7, 2015; and November 6, 2015.

Vice Chair Galas requested changing May 1, 2015 to May 15, 2015.

**CHAIR BONNIE SORENSON ENTERTAINED A MOTION FOR 2/6/2015, 5/15/2015, 8/7/2015, 11/6/2015. A MOTION WAS MADE BY LISA LOTTRITZ. VICE CHAIR GALAS SECONDED THE MOTION WHICH PASSED UNANIMOUSLY WITHOUT PUBLIC COMMENT.**

**10. Public comment**

No public comment

**11. Adjournment**

The meeting was adjourned at 11:17 A.M.